Berufsverband der Yoga Vidya Lehrer / -innen e.V. (BYV)
European Federation of Yoga Teachers Associations (EFYTA)
Niddastr. 76, 60329 Frankfurt; www.yoga-vidya.de; info@yoga-vidya.de

Certificate

Sumitra Enrico Antonio Visser

[redacted]

has completed the Yoga Vidya Teacher Training Course (Level 2) and has successfully passed the examination in accordance with the regulations of the Berufsverband der Yoga Vidya Lehrer/-innen e.V. (BYV).

This Level 2 training course comprised at least 400 teaching units (45 minutes per unit).

This certificate authorises the use of the title

Yoga Teacher (BYV - Level 2)

on the condition that the holder remains committed to the wisdom teachings and way of life of yoga and, in this spirit, continues to serve humanity in general and future yoga course participants in particular.

The teaching of the technical skills mentioned in the Leitfaden Prävention such as medicine, pedagogy, psychology, physical exercise, nutrition, stress management, addiction and research methods is carried out by specialists with appropriate professional or academic qualifications.

This training is registered with the Yoga Alliance and meets the RYT 200 standard.

Bad Meinberg (Germany), 26 July 2026

Mario Illgen
Head of the examination board

Volker Bretz
1. Vorsitzender des Berufsverbandes
der Yoga Vidya Lehrer/-innen e.V. (BYV)